



# Systemic Team Coaching<sup>®</sup> Certificate

A unique opportunity to participate in this 3-day virtual replacement programme led by Professor Peter Hawkins

**Led by Professor Peter Hawkins, this is a rare opportunity for coaches, HR and L&D professionals to take part in a programme in the UK with the world authority on systemic team coaching and author of respected and best-selling books on the topic.**

Now more than ever, organisations are looking at how better to motivate and manage their teams in a period of change and uncertainty. Professor Hawkins has established Systemic Team Coaching (STC) as one of the most effective interventions for supporting teams to respond to this need.

The Systemic Team Coaching Certificate (STCC) is an opportunity to gain a thorough grounding in the key concepts of Systemic Team Coaching (STC). Participants are able to put the theory into practice in a business simulation through which you can experiment with tools and exercises. It is a virtual programme with a cohort of experienced coaches and team developers.

On completing the course, you will be awarded the Academy of Executive Coaching Certificate in Systemic Team Coaching which carries 19 ICF CCE credits.

## Programme background

In this workshop, Professor Hawkins will guide you through the systemic approach to team coaching, which demands a wider range of competencies than individual coaching and traditional team facilitation and development.

A key component of the approach is seeing the team and indeed the team's purpose, as the client and viewing individual members - including the leader - as a subset of that client system.

The Systemic Team Coaching Certificate doubles as the foundation/first module for the Diploma programme. The Certificate workshop runs regularly throughout the year with a team of expert faculty, enabling delegates to have enough time to gain further experience of team coaching before moving on to the Diploma programme. The emphasis in the Certificate is on covering the theoretical basics of Systemic Team Coaching.

## Key components

Some pre-work is required for the programme - including viewing a short webinar, reading an article, case study and TC360 Report. This will provide a sound basis for understanding the STC process.

The programme will include:

- ◆ Discussion and debate on the different aspects of systemic team work and team coaching

- ◆ A business simulation to evoke the experiences of both coaching a team and experiencing being coached and applying the diagnostic TC360 Report
- ◆ Sculpting and interpersonal exercises to understand team relationships
- ◆ Guided peer supervision group to apply the model and methods of the Hawkins 5 Disciplines to a team you are working in/with
- ◆ Work with our own group process as a way of engaging live with the interpersonal dynamics and psychological models

## Dates

15th – 17th December 2020

## Times

Day 1 – 9.00 to 17.30

Day 2 – 9.00 to 17.30

Day 3 – 9.00 to 17.30

## Delivered

Via Zoom platform

## Cost

£1,950 + VAT

For more information:

Please contact

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### Learning Outcomes

- ◆ Gain an understanding of the theory and practice of Systemic Team Coaching
- ◆ Learn about why team coaching is becoming more and more important and the research on high performing teams
- ◆ Adopt a working definition of teams and team coaching that you can test and utilise
- ◆ Learn the Hawkins 5 Disciplines Model of team coaching: Commissioning, Clarifying, Co-Creating, Communicating and Core learning
- ◆ Learn different coaching interventions for each of the five disciplines

### Team Connect 360 (TC360) Diagnostic

The AoEC in partnership with Peter Hawkins has created an online team diagnostic – the Team Connect 360, which is based on the 5 Disciplines Model.

On the programme you will use the diagnostic on the simulation and become licenced to use TC360 with your clients.

### Professor Peter Hawkins

Peter Hawkins is professor of leadership at Henley Business School and founder and chairman of Renewal Associates. He is a leading consultant, writer and researcher in leadership and leadership development and an international thought leader in executive teams, and systemic team coaching.

Over the last 35 years he has worked with many companies all over the world, co-designing and facilitating major change and organisational transformation projects and coaching company boards and leadership teams.

Professor Hawkins has authored several best-selling books including Leadership Team Coaching in Practice and Coaching, Mentoring and Organizational Consultancy.

- ◆ Learn the CIDCLEAR model of managing a coaching relationship, including how do you contract with the whole team
- ◆ Learn how to apply and be accredited to use the Team Connect 360 diagnostic instrument for use with clients in step 2 of the STC process
- ◆ Focus on Self as Instrument – utilising physical senses, rational, intuition and body-sense as the 'data collector' and sense maker
- ◆ Work in teams to coach a simulated team situation

### Ongoing Supervision Support

Once you have completed your training with the AoEC we can support your continued development in team coaching through supervision with a member of the course Faculty.

The Systemic Team Coaching Certificate is available internationally and to groups of people within an organisation.

Owing to the ongoing conditions surrounding the Covid-19 pandemic, we have changed the course delivery to a virtual replacement format.

### Booking Procedure

Please email Tracy Childs at:  
[tracy.childs@aoec.com](mailto:tracy.childs@aoec.com)

To talk through the details of our programmes and how we can help you, please contact: Mike Smith,  
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### Academy of Executive Coaching

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